New Mexico Senior Olympics
Frisbee Accuracy Rules Revised 12-2019

Playing Format

1. Each sport will be managed and planned by a volunteer Sport Coordinator identified and trained by New Mexico Senior Olympics Event Coordinator.
2. All sport equipment will be provided for competitors and must be used.
3. Object of the game is defined in playing rules.
4. Competition schedule for each age group is published in registration athlete booklet and available at the Game check-in Sport Table area or by calling Sport Coordinator.
5. Tie-breakers will be addressed at the conclusion of each age division.
6. A foot fault will be called if a player steps on or over the designated line and will automatically nullify the attempt.

Playing Rules

1. Object of the Game: Throw the Frisbee disc/apparatus through a large hoop opening to earn points.
2. Each competitor will be allowed eight throws from the following distances. Frisbee disc is 160 grams.
    Women: 4 throws from 7 yards and 4 throws at 10 yards
    Men: 4 throws from 10 yards and 4 throws at 12 yards
3. The target opening is an approximately 67" to 78" ring (made by attaching 2 hula hoops together). The target ring is three feet above the ground.
4. Scoring: Each player scores 1 point for each Frisbee thrown through the target at the shorter distance and 2 points for the longest distance.
5. The competitor who scores the highest points will be declared the winner for each age division for men and for women.
6. **Tie Breaker**: Competitors will throw **three** additional throws at the conclusion of each age division from the following distances:
    Women – 7-yard distance
    Men – 10-yard distance
A competitor must be present for the play-off or he/she will concede and accept the next lower award.
7. During a tie breaker, men and women in age divisions 80+ will move 5 feet closer to the target.
8. ONLY when tie breakers cannot be completed, awards will be as follows:
    First place tie: award two first place medals and one third place medal.
    Second place tie: award one first place medal and two second place medals.
    Third place tie: award one first place, one second place and two third place medals.

FRISBEE ACCURACY THROW
WOMEN'S
SAMPLE SCORE SHEET WITH INSTRUCTIONS

(1) Age Division: _____
(50-54, 55-59, etc.)

Instructions:
1. Enter Age Division for athletes.
2. Enter Athlete's name and city.
3. Definition: A foot fault will be called if a player steps on or over the designated line and will automatically nullify the attempt.
4. Indicate points scored for each throw. After all 8 throws, total score.
   One (1) point will be recorded for each throw from the 7-yard line. Two (2) points will be recorded for each throw from the 10-yard line.
5. If applicable a Tiebreaker, consisting of three throws, is required. Record score for each tiebreaker throw and total after all three throws. Tiebreaker will be thrown from 7 yards.
6. A competitor must be present for the play-off, or she will concede and accept the next lower award.
7. Scorer/Recorder and Event Coordinator initial at bottom of sheet.

_____   _____

(2) Name   (2) City

           7 Yards   10 Yards

(4) Points = ☐ ☐ ☐   ☐   ☐ ☐ ☐   ☐   (4) _____
           1 2 3 4   1 2 3 4   Score

                     7 yards

(5) Tiebreaker Points =   ☐ ☐ ☐   (5) Tiebreaker Score _____
                     1 2 3

_____   _____

(2) Name   (2) City

           7 Yards   10 Yards

(4) Points = ☐ ☐ ☐   ☐   ☐ ☐ ☐   ☐   (4) _____
           1 2 3 4   1 2 3 4   Score

                     7 yards

(5) Tiebreaker Points =   ☐ ☐ ☐   (5) Tiebreaker Score _____
                     1 2 3

(7) Recorder/Scorer: _____   (7) Sport Coordinator: _____
             Initial   Initial

FRISBEE ACCURACY THROW
WOMEN'S SCORE SHEET

DATE _____

Age Division: _____
(50-54, 55-59, etc.)

_____   _____
Name   City

Points =   7 Yards □ □ □   □   10 Yards □ □ □   □   _____
                      1   2   3   4   1   2   3   4   Score

Tiebreaker Points =   7 yards □   □   □   Tiebreaker Score _____
                                        1   2   3

_____   _____
Name   City

Points =   7 Yards □ □ □   □   10 Yards □ □ □   □   _____
                      1   2   3   4   1   2   3   4   Score

Tiebreaker Points =   7 yards □   □   □   Tiebreaker Score _____
                                        1   2   3

_____   _____
Name   City

Points =   7 Yards □ □ □   □   10 Yards □ □ □   □   _____
                      1   2   3   4   1   2   3   4   Score

Tiebreaker Points =   7 yards □   □   □   Tiebreaker Score _____
                                        1   2   3

Recorder/Scorer: _____   Sport Coordinator: _____
                     Initial   Initial

FRISBEE ACCURACY THROW
MEN'S
SAMPLE SCORE SHEET WITH INSTRUCTIONS

(1) Age Division: _____
(50-54, 55-59, etc)

Instructions:
1. Enter Age Division for athletes.
2. Enter Athlete's name and city.
3. Definition: A foot fault will be called if a player steps on or over the designated line and will automatically nullify the attempt.
4. Indicate points scored for each throw. After all 8 throws, total score.
One (1) point will be recorded for each throw from the 10-yard line. Two (2) points will be recorded for each throw from the 12-yard line.
5. If applicable a Tiebreaker, consisting of three throws, is required. Record score for each tiebreaker throw and total after all three throws. Tiebreaker will be thrown from 10 yards.
6. A competitor must be present for the play-off, or he will concede and accept the next lower award.
7. Scorer/Recorder and Sport Coordinator initial at bottom of sheet.

_____   _____
(2) Name   (2) City

10 Yards   12 Yards
(4) Points = □ □ □ □   □ □ □ □   (4) _____
              1 2 3 4   1 2 3 4   Score

10 yards
(5) Tiebreaker Points = □ □ □   (5) Tiebreaker Score _____
                         1 2 3

_____   _____
(2) Name   (2) City

10 Yards   12 Yards
(4) Points = □ □ □ □   □ □ □ □   (4) _____
              1 2 3 4   1 2 3 4   Score

10 yards
(5) Tiebreaker Points = □ □ □   (5) Tiebreaker Score _____
                         1 2 3

(7) Recorder/Scorer: _____   (7) Sport Coordinator: _____
            Initial   Initial

FRISBEE ACCURACY THROW
MEN'S SCORE SHEET

DATE _____

Age Division: _____
(50-54, 55-59, etc.)

_____   _____
Name   City

Points = _____   10 Yards ☐ ☐ ☐ ☐   12 Yards ☐ ☐ ☐ ☐   _____
                            1 2 3 4   1 2 3 4   Score

Tiebreaker Points =   10 yards ☐ ☐ ☐   Tiebreaker Score _____
                                 1 2 3

_____   _____
Name   City

Points = _____   10 Yards ☐ ☐ ☐ ☐   12 Yards ☐ ☐ ☐ ☐   _____
                            1 2 3 4   1 2 3 4   Score

Tiebreaker Points =   10 yards ☐ ☐ ☐   Tiebreaker Score _____
                                 1 2 3

_____   _____
Name   City

Points = _____   10 Yards ☐ ☐ ☐ ☐   12 Yards ☐ ☐ ☐ ☐   _____
                            1 2 3 4   1 2 3 4   Score

Tiebreaker Points =   10 yards ☐ ☐ ☐   Tiebreaker Score _____
                                 1 2 3

_____   _____
Name   City

Points = _____   10 Yards ☐ ☐ ☐ ☐   12 Yards ☐ ☐ ☐ ☐   _____
                            1 2 3 4   1 2 3 4   Score

Tiebreaker Points =   10 yards ☐ ☐ ☐   Tiebreaker Score _____
                                 1 2 3

Recorder/Scorer: _____   Sport Coordinator: _____
              Initial   Initial